



Office of the Lieutenant Governor

Summer High School Internship Application

Spend part of your summer with us at the Lieutenant Governor's Office in the State Capitol! This internship is all about giving students a behind-the-scenes look at how state government works while also building real-world skills like research, writing, public speaking, and teamwork.

Interns will bring fresh ideas and perspectives to small office projects, while gaining hands-on experience in leadership and civic engagement.

Dates: June 15 – July 16, 2026 (5 weeks)

Schedule: Tuesdays & Thursdays, 9:00 AM – 12:00 PM (in person at the Capitol)

Application Deadline: April 15, 2026, by 11:59 PM

First Name: _____ **Last Name:** _____

Pronouns: _____

Home Address: _____

Mailing Address: _____

Cell Phone: _____ **Email:** _____

High School: _____ **Grade:** _____

Subjects that interest you: _____

Complete and email this application with the following items to: ltgov.internships@hawaii.gov

1. Unofficial copy of your transcripts
2. One Letter of Recommendation
3. Short Essay (500-700 words)

Short Essay Topics:

- Why do you want to participate in this internship?
- How will this internship help you with your future career goals?
- If you were given \$1,000 today, what would you do with it and why?
- What is the one thing that you've learned from high school so far?
- What do you hope to gain from this internship?